

eighty-two MAGNOLIA AESTHETICS & WELLNESS

Laser Hair Removal

Pre Care

- No sun exposure including sunless tanning products and spray tans
- Please inform your provider about all medications and supplements you are currently using. Avoid medications that make you sensitive to light
- Shaving is okay and it is actually preferred to come to your appt freshly shaven (within 24 hours)
- No waxing, tweezing, plucking or depilatory creams 3-4 weeks before starting laser sessions

Post Care

- Immediately after your appointment there may be erythema (redness) and edema (swelling) at the treatment site. Itching can also occur. This usually subsides within a few hours, but it can last up to 2 weeks. THIS IS ESPECIALLY COMMON ON LOWER LEGS.
- OTC anti-histamines like Zyrtec, Claritin, Benadryl (or even Pepcid AC), aloe vera or hydrocortisone may be used to relieve discomfort.
- If you are experiencing extreme side effects with no relief - contact our office 850-889-8982
- No heat, such as saunas, steam rooms, extremely hot showers or strenuous activities for 48 hours post procedure.
- Avoid picking or scratching the treated areas. Shaving is permitted.
- Up to 2 weeks post treatment, you may notice shedding of the treated hair. This is not new growth and will shed on its own.
- The above is a guideline - if you are unsure if you may or may not do something... please reach out.

Please contact us at (850)889-8982 if you have any questions.